

RSE Newsletter June 2024

Thank you to everyone that has completed the Parent/Carer feedback form. The main point from the results is that Parent/Carers are not aware of the RSE page on the school website.

This is a page that is just dedicated to RSE (see picture below).

There is lots of useful information regarding the curriculum at Bennerley Fields as well as links for further information to support and signpost, including a very useful link for talking about relationships and sex education for Parents/Carers of young people with SEND.

The short, informative film has been made in conjunction with parents/carers from Bennerley Fields and Derbyshire County Council. Please follow the link on the website to watch.

<https://www.bennerleyfields.derbyshire.sch.uk/relationships-and-sex-education-rse/>

The screenshot shows the 'Relationships and Sex Education (RSE)' page. It includes a navigation bar, a main heading, and several sections: 'Our Relationships and Sex Education (RSE) curriculum enables our pupils to become healthier, more independent, responsible members of the community. Pupils will develop their understanding of relationships becoming aware of their rights and responsibilities in order to become positive members of a diverse society. They will continue to develop relationships, develop confidence and build on their emotional resilience.'; 'Your child's class teacher or the pastoral team is happy to be contacted to discuss any matter regarding Relationships and Sex Education.'; 'Pastoral Team' listing Anna Shelton (RSE and PSHE lead), Julie Addison (Family Support Worker), and Sherry James (Family Support Worker); 'RSE film for parents and carers' with a description of the film 'Talking About Relationships and Sex Education' and a list of topics; 'RSE Film for Parents and Carers of Pupils with SEND' with a description of the film 'Talking About Relationships and Sex Education' and a list of topics; 'Feedback Form' with a link to the form; and 'Parents RSE letters' with a link to the letters.



RSE day

Thursday 27th June 2024 is RSE day.

Your child will be participating in activities during the day at school.

RSE Day on 27th June is a day to celebrate Relationships, Sex and Health Education which promotes the wellbeing of, and safeguards, children, and young people.

The theme this year is 'Embracing change'.

Parents and carers have an important role to play in teaching children and young people about healthy relationships and positive sexual health. RSE Day highlights that RSE is the responsibility of all and is an opportunity for families and schools to work in partnership.

Possible activities to do at home:

- Look back through old photographs together as a family. Talk about how people, places and situations in the photos have changed over time.
- Set family challenges related to embracing change, such as eating a new food, trying a new activity, or swapping chores.
- Read a book about change with your child/ren. Talk about how the characters in the book embrace change. Try asking at your local library for books about change or search on the Book Trust website [BookTrust: Getting children reading | BookTrust](https://www.booktrust.org.uk/)
- Please share any photos with your child's class.



Remember we are here to answer questions and offer support around Relationship and Sex Education.

Please contact your child's Class Teacher, A school Family Support Worker or the RSE lead.

Thanks

Anna Shelton (RSE lead)