



Online Safety Newsletter

July 2025

As we approach the summer holidays, we want to wish all our pupils and families a happy, restful, and safe break. We know that for many, technology will play a big part in their holiday, whether it's for fun, communication, or learning.

Here are some key online safety tips to help you and your child make the most of the summer holidays:

1. Create a Safe Digital Space at Home

- Use **parental controls** to manage what your child can access. Step by step guides to support you to set up parental controls at home can be found here: <https://www.internetmatters.org/parental-controls/>
- Explore apps and platforms **together** so they feel supported.
- Keep devices in **shared spaces** where possible (like the living room).

3. Monitor Screen Time

- **Agree Limits:** Set clear boundaries around how much time your child can spend online each day.
- **Balance Activities:** Encourage offline activities, like family games, crafts, or outdoor play, to ensure a healthy balance over the holiday.

5. Watch Out for Online Gaming Risks

- Check age ratings on games.
- Use **mute/chat limits** if talking to strangers is a concern.
- Agree on **time limits** to support healthy routines and avoid overuse.

2. Help Your Child Understand What's Safe to Share

- Remind them: **no personal information online** (name, school, address, etc.).
- Use **visual supports or social stories** to reinforce safe online behaviour.

4. Know the Apps Your Child is Using

- Common apps include YouTube, Roblox, TikTok, and WhatsApp.
- Use tools like **Net Aware** (by NSPCC) or **National Online Safety** to check app risks and safety features.
- Choose platforms with **accessibility features** suited to your child's needs.

6. Keep Communication Open

- Encourage your child to talk to you if **anything online makes them upset**.
- Reassure them it's **always okay to ask for help**

Recommended Resources for Families

- **Thinkuknow** (www.thinkuknow.co.uk)
Online safety tips for all ages.
- **Internet Matters** (www.internetmatters.org)
SEND-specific guidance.
- **Childnet** (www.childnet.com) – Great resources for families and schools.

STAY SAFE ONLINE THIS SUMMER

THINK
BEFORE
YOU
POST

SHARE FEEL-GOOD
CONTENT & LEAVE
POSITIVE COMMENTS

NEWS
DOUBLE CHECK
STORIES -
DON'T FALL FOR
FAKE NEWS!

MAKE THE
MOST OF THE
OUTDOORS

Stay off devices just before bed

USE CAUTION
ON PUBLIC
WIFI

Report bullies &
ignore trolls

ENABLE PRIVACY
SETTINGS

KEEP YOUR
PERSONAL
DETAILS
PRIVATE

AVOID BINGE
STREAMING AND
ALL-DAY GAMING

TAKE
FREQUENT
BREAKS

ENJOY
SCREEN-FREE
ACTIVITIES

BE CAREFUL
WITH IN-APP
SPENDING



National
Online
Safety®

#WakeUpWednesday