



THRIVE

Intent

At Bennerley Fields we know that all behaviour is communication. We aim to develop pupils to become resilient young people who are able to manage thoughts, feelings and behaviours independently. The THRIVE Approach is a social and emotional model that looks at a young person's needs and provides response and activities to engage them.

At the core of the model is the recognition of the significance of positive relationships and the impact that connection can have on children's and young people's emotional health and wellbeing.

The approach is grounded in established neuroscience, attachment theory, child development, play and the creative arts.

All staff in school are aware and have training in THRIVE that is relevant to their role. The school has 4 licensed practitioners who update their training annually. We also have a relationship manager from the THRIVE central team who works with school.

We ensure that our pupils are given opportunities to:

- Feel positive about themselves and others
- Develop and maintain positive relationship and interactions with others
- To be able to regulate their own emotions, behaviours and responses to events
- Reflect on their perception and experiences
- Make real decisions
- Take part in group activities and make contributions
- Develop and maintain positive relationship and interactions with others
- Recognise and celebrate their achievement and successes.
- Develop resilience, perseverance and passion for life long goals.

Implementation

The THRIVE Approach is integrated as part of the daily ethos at Bennerley and learning opportunities are used throughout the school day

The THRIVE strategies are evident in:

- Interactions with pupils and staff
- The curriculum; particularly PHSE and Beyond Bennerley

- Medium term plans and learning opportunities
- Our approach to Positive Engagement

All class groups are profiled using the THRIVE Online platform on a termly basis, this is supported by THRIVE practitioners. A class action plan is then created by a licenced practitioner. The strategies included in these action plans are visible in teaching and learning opportunities.

There are individual targeted THRIVE sessions with a licenced practitioner for identified pupils. Individual profiles are undertaken and a bespoke action plan is created that is shared with the relevant staff.

Impact

Individual and class THRIVE profiles are completed termly which demonstrates the development of social and emotional skills over time.

Pupils feel safe and able to access learning.

Pupils are able to recognise their own emotions and develop strategies to self-regulate.

Pupils develop resilience and increase their independence across all settings and areas of learning.

Pupils incidences of challenging behaviour decrease over time.

Fixed term exclusions decrease with the intent of being a zero exclusion school.

Persistent absence decreases.