

Shower check list

1. Get in the shower



2. Wet hair



3. Put shampoo on your hand



4. Rub shampoo in your hair



5. Wash shampoo off your hair



6. Put conditioner on your hand



7. Rub conditioner in your hair



8. Wash off the conditioner



9. Put shower gel on the scrunchie



10. Wash your neck and face



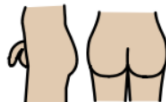
11. Arms and arm pits



12. Stomach and chest



13. Penis and bottom



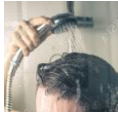
14. Legs



and feet



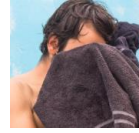
15. Rinse shower gel off your body



16. Turn off the shower



and dry yourself with a towel



17. Put deodorant on

